

1. Opening Prayer

2. Intro: Understanding Sabbath

a. Rest (Exodus 20:11. Verb *nuach*)

The purpose of rest is **relationship** (Ezekiel 20:12) or **worship** (Genesis 4:3).

Rest implies **eternity**. (Isaiah 66:22-23)

b. Blessing (Genesis 2:3)

Genesis 2:3 implies that God blessed **time** that a human being cannot control.

The blessing has **no limit** (Isaiah 56:4-7)

c. Holiness (Genesis 2:3)

Genesis 2:3 implies that the time (Sabbath) that God had blessed became the **temple**.

Not only remembering God's **creation** (Exodus 20:11) but keeping the **covenant** (Deut. 5:12-15).

d. Feast (Isaiah 58:13-14)

The Sabbath is not about legalism that limits action but about joy that enriches from **heart**.

Joy of **recreation and salvation** (Isaiah 66:22-23)

3. Let Us Read John Ch. 5

4. Discussion

a. Why do you think Jesus chose this man, who was sick for 38 years, out of many people?

b. What's the main point in verses 1 to 9?

c. Does the water remind you of any story in the previous chapters?

d. Verse 14 says that Jesus found the man whom Jesus healed in the Temple. What do you think it implies?

- e. In verse 16, the Jews began persecuting Jesus, because of the “things.” Why do you think it is plural?
- f. In synoptic gospels, the Jewish leaders and Jesus argued on the matter of Sabbath. Do you see any different way of Jesus’ arguing in this story?
- g. What does Jesus mean by “My Father is still working, and I also am working”? (v. 17)
- h. What’s the main point in verses 19-29?
- i. What’s the main point in verses 30-47?

5. Closing Prayer